A jealously guarded secret for decades, this anabolic formula has finally been rediscovered and updated with the latest cutting edge science...

"How A Long Lost Secret Of An Eccentric Bodybuilding Genius Can Double Your Gains In 90 Days."

This "pre-steroids" muscle building secret has been proven in the real world of drug-free bodybuilding... and can reward you with 8 pounds of lean muscle... in as little as 90 days!

Dear Friend,

Rheo H. Blair was the first man recognized as a nutritional genius when it came to bodybuilding diet and supplementation. He regularly performed physique transformation "miracles" on hundreds of "less than average" bodybuilders.

Throughout the 50's, 60's and 70's, testimonials abounded about the amazing physical transformations Blair performed on hundreds of "hopeless cases." He was regularly turning 97-pound weaklings into heavily-muscled men with his special protein formulas and vigorous volume-based weight training routine.

Even advanced bodybuilders were reporting similar results from the Blair system.

In an article from the May 1967 issue of Iron Man magazine, a bodybuilder wrote: "After being on Rheo's program for only three weeks, I made more gains than I had in the past six years. I put almost a half-inch on my arms. And after two months I [put on] almost 20 pounds [of pure muscle]."

From An Average Bodybuilder To Mr. America... In Less Than Four Months!

Under Blair's tutelage, Jim Park went from an unknown bodybuilder with an average physique to Mr. America... in less than four months! And even more amazing... this miraculous transformation was done without drugs! This was back in the 50's before steroid use became so widespread in bodybuilding.

Although he had a reputation as an eccentric, all the great bodybuilders of the 50's, 60's and 70's (Arnold, Frank Zane, Larry Scott, etc.) followed Blair's advice and got in

the best shape of their lives. Blair had the secret of achieving steroid-like results before drugs were even known to the bodybuilding world.

One of Blair's secrets was his special protein formula. Blair's famous protein powder was based on the amino acid ratios in mother's milk. It was years ahead of its time... and it packed on muscle like crazy.

Unfortunately, Blair died an untimely death in the early 1980's and many of his secret bodybuilding formulas died with him... including the exact formula for his protein powder. Some say it was better than anything on the market today.

An almost forgotten Rheo Blair muscle-building secret...

But almost forgotten were Blair's **jealously guarded amino acid capsules.** This special formula wasn't available to just *anybody*... only his very elite "inner circle" clients. These guys were the Mr. America, Mr. Universe and Mr. Olympia competitors of that era.

Blair's amino acid compound was the "under the table" formula responsible for the miraculous transformations experienced by his most famous physique transformation students.

His amino acid capsules were sold for \$1.00 per capsule! And this was back in the 60's! *That's equivalent to almost \$12 per capsule in today's dollars!*

But the top physique champs of the day were willing to do almost *anything* to get their hands on Blair's amino acid capsules because of their almost *magic* muscle building and fat burning effects.

Rheo Blair's Amino Acid Formula, One Of The Most Jealously Guarded Secrets In The History Of Bodybuilding, Has Been Lost Since His Death... Until Now!

After years of research and lots of "in the gym" experimentation, my good friend Dr. Reddy and I have finally made the breakthrough every bodybuilder has been hoping for.

Blair's special amino acid formula, lost for more than four decades, has finally been rediscovered and updated with the most current scientific breakthroughs.

We have combined Rheo Blair's recently rediscovered amino acid secrets with the latest cutting-edge science to finally create the **FIRST honest non-hormone based supplement formula** *tailored* for serious bodybuilders.

Here's the story:

My partner, Dr. Reddy, is the certified "science nerd", and I'm the "Human Guinea Pig". He studies all the scientific journals on muscle enhancement, and I try out all his

experimental formulas. We've tried some really crazy things... but we've made some major bodybuilding breakthroughs, too.

In our quest for maximum muscle in minimum time, we've studied the effects of nearly *every* bodybuilding supplement out there. Most of them are pure crap, as you already know if you've ever wasted money on them. At best, you get a little bit of a boost... but it's nothing earth shattering.

But there **ARE** ways to dramatically speed muscle growth with proper supplementation. Rheo Blair was ahead of his time and knew many of these secrets.

The problem is... 99% of the supplements available today try to do it by mimicking your body's anabolic hormones. In other words, they try to artificially stimulate the production of testosterone and growth hormone. But the results are usually pretty pathetic.

So we decided to take a step back from hormonal-type supplements and research everything we could that has been discovered about muscular enhancement. We plowed through thousands of pages of all the recent cutting edge research trying to find these secrets. We also interviewed every former Rheo Blair student we could find and delved into everything we could get our hands on from the Rheo Blair archives.

And we discovered something no one had ever realized before - namely, that the **ONLY** scientifically-proven way to significantly stimulate your natural anabolic drive without steroids or pro-steroids (in a way that will produce the kind of results bodybuilders want)... is to flood your system with a highly efficient supply of "profile optimized" protein and amino acids, precisely formulated for protein synthesis. And give your body the means to absorb them into your muscles efficiently.

See, protein and amino acids are the **ONLY** things that count in building muscle. Without enough of these building blocks, you could ingest all the steroids in the world and not add another *ounce* of new muscle mass.

It works like this: Protein is broken down into amino acids in your system. Some of those amino acids get burned up as fuel... others get stored in your liver or as fat... and the rest are used to create hormones as well as build and repair muscle (and other organs).

Anabolic steroids increase that last part - the anabolic drive of amino acids. Combined with exercise, you build more muscle.

But not everybody wants to use steroids for a variety of different reasons.

However... there **IS** a scientific (and yes, *natural*) way to boost your anabolic drive *without* steroids. It's a metabolic process called "**Targeted Anabolic Drive**", or TAD for short.

The problem with TAD is that it's almost impossible to achieve without a precise "profile optimized" protein/amino acid source... and 98% of the commercially available protein supplements simply have crappy amino acid profiles that won't support TAD.

So, with the help of some of the **most respected chemists in the industry...** and in Dr. Reddy's laboratory... with some of the tightest security available... we did what *no one else* has ever accomplished. We told the scientists what we wanted, as bodybuilders... and they created a supplement that will *do exactly what it promises*.

Introducing Nitrobol... A Potent Anabolic Inducer That Allows You To Grow From Each & Every Workout!

Nitrobol is a **profile optimized**, **rapid release** "protein synthesis formula" consisting of a proprietary blend of eleven essential amino acids. It is designed to increase muscle mass in the shortest time possible.

The base formula of Nitrobol was originally developed to help nourish starving children in third world countries and help build their lean muscle tissue and restore health as quickly as possible.

I believe Nitrobol is one of the best protein supplements ever because it has a "Net Nitrogen Utilization" (NNU) of 99%. **That means that 99% of what you take in is utilized by your body!** Compare that to whey protein, which yields a NNU of only 12%!

See, most of today's leading protein powders offer 17 grams of whey protein per serving. However, the NNU is only 2.04 grams. That means only 2.04 grams of the 17 grams will be utilized by your body.

In comparison, it only takes 2,000 mg (4 capsules) of Nitrobol to equal what your body can absorb from a 17-gram serving of today's leading protein powders.

Nitrobol is pre-digested and fully absorbed in less than 19 minutes. This means the muscle-building aminos get to your muscle cells FAST to **induce and support muscle hypertrophy (growth).** Regular dietary protein takes up to 3 to 4 hours to be digested.

How will Nitrobol help me?

- You can build lean muscle mass <u>as fast as possible</u> because Nitrobol has an amazing 99% Net Absorption Rate (NAR). It goes <u>immediately</u> to muscle cells at precisely the right time needed for maximum muscle growth!
- **Accelerate Recovery Time** from exercise by 50%! Grow faster from each and every workout!
- Nitrobol increases nitrogen balance when taken between meals, after your workout and on an empty stomach before sleep. Lose stubborn body fat while building new ripped muscle mass... without any dietary changes!

- A high rate anabolic inducer... Nitrobol keeps your body in an anabolic state so you're constantly packing on muscle tissue...not tearing it down.
- ➤ Completely absorbed within 19 minutes compared to four hours required by dietary proteins. That means high quality muscle-building raw materials are available to develop muscle cells as quickly as possible.
- ➤ A mere 5 gram dose of Nitrobol has all of the essential building blocks required for building maximum muscle mass... while minimizing body fat.

I experimented extensively with my special "Inner Circle" clients to determine Nitrobol's effects on fat loss, muscle retention while dieting, and gaining lean mass. The results were nothing short of outstanding. In fact...

In The First 60 To 90 Days, Most Test Subjects Gained An Average Of 5 To 7 Pounds Of Lean Muscle Mass And Lost An Average Of 5 To 10 Pounds Of Body Fat!

It's important to note that these results were achieved when using Nitrobol in conjunction with weight training and a proper muscle-growth supporting diet.

I constantly receive letters and e-mail reporting muscle mass gains well over 5 lbs in a single month with <u>significant</u> fat loss.

Here's what people are saying about Nitrobol...

"I'm a regional bodybuilding contestant and recently started taking Nitrobol when I just came off a 6 week cycle of steroids. I usually lose 50% of my gains after a cycle of steroids. This time I immediately started using Nitrobol according to your directions and it's amazing! I kept 90% of the gains I made from my steroid cycle! What's even more amazing is that now I'm starting to make gains again naturally...without steroids!"

Name withheld by request Cincinnati, OH

"I'm seeing great results from the Nitrobol. I've lost 5lbs of body fat and continued to gain muscle. On May 15 my weight was at 222lbs. with a bodyfat of 13.8%. Since taking Nitrobol my bodyweight is at 213 lbs and 12% bodyfat. I take 10 after my workout and 10 before bedtime and I can tell a difference. Nitrobol is a great product."

Ken Swinney

New Johnsonville, TN

"I'm using a Nitrobol, specifically 30 caps a day (10 before bed, 10 right after training and 10 mid afternoon between meals.) I have had a few people ask me if I'm juicing which is a compliment at this point. After 6 weeks I have experienced the rare privilege of being reintroduced to some very old friends of mine... "MY ABS"!!!!!!

Thank you for all your help and if you ever need a reference here is my email:

eddie@bluecoyotemedia.com."
Eddie De La Cruz
Bronx, New York

After only two bottles of Nitrobol I am more cut than ever before. My bench press has gone from 185 to 210 and I see more definition in my mid-section. Thanks!

Richard A. Smith

Chicago, IL

How Do I Use Nitrobol?

The timing of Nitrobol intake is without a doubt the single most important factor.

- 1. When Nitrobol is taken after workouts it has a <u>profound</u> impact on helping you gain muscle by delivering a much-needed source of nitrogen at the precise time when your body needs it most. When taken on an empty stomach it's delivered almost *instantly* to the muscle cells for growth and repair.
- 2. When Nitrobol is taken prior to sleep it increases serotonin levels, which aid sleeping and help contribute to the recuperation necessary for <u>accelerated muscle growth</u>.
- 3. In addition to post-workout and prior to sleep... when Nitrobol is taken inbetween meals it can have a significant impact on maintaining a positive nitrogen balance for longer periods throughout the day. A positive nitrogen balance means more consistent and dramatic muscle mass and strength gains for you!

The best way to start is with a dose of 10 capsules post-workout with an additional 10 before bed on training days. Start at this dose and experiment with higher levels and additional doses between meals when you are ready.

Many more little known <u>but proven</u> secrets for maximizing the building of lean muscle mass...while at the same time burning off body fat, are included with your order of Nitrobol.

100% Guaranteed To Give You Increased Muscle Mass And Strength

Listen, anyone that isn't using Nitrobol after training is crazy! It's the <u>best LEGAL</u> anabolic inducer available for getting ripped while packing on lean, rock-hard muscle.

If you take Nitrobol <u>consistently</u> (immediately after training and before bed) for a minimum of 60 to 90 days... you'll be a customer for life.

How can I say that? Because it flat-out works! No hype. No B.S.

My monthly supplies of Nitrobol are usually reserved for a small group of my "Inner Circle" customers. Because the exact amino acid combinations have to be so precise, it takes quite a long time to manufacture a new batch so I've only made it available to a small group of hard-core folks.

But since you've been a good customer of mine, I'm willing to let you in on my "invitation only" Nitrobol Inner Circle.

As A Member Of The "Nitrobol Inner Circle" You Can Save \$30.00 (Or More) Per Bottle!

A big 240-capsule bottle of Nitrobol normally retails for \$89.95. But when you respond to this exclusive Nitrobol Inner Circle invitation within the next 7 days, you can get it for only \$59.95... that's a \$30.00 savings!

(One bottle is approximately a 30-day supply if you take 10 capsules post-workout and an additional 10 before bed on training days... and you train three days a week.)

But if you *really* want to reap the maximum muscle-building effects of Nitrobol, it doesn't make any sense to use it for only one month. You need to consistently take it for at least 90 days (in conjunction with an effective weight training and nutrition plan) to get the best results.

So as an added incentive for my Nitrobol Inner Circle members, you'll receive a full \$40.00 discount off the \$89.95 retail price on all future bottles of Nitrobol.

And so you don't have to worry about running out, you'll automatically receive a fresh bottle every 30-days and your credit card will be billed the Inner Circle Member price of only \$49.95 – not the \$89.95 fee non-members have to pay. There are no minimum amounts to buy and you can cancel at any time.

But, let's say you use Nitrobol for 120-days (in conjunction with a bodybuilding weight training and nutrition plan) and don't want to keep using it anymore. (That will only happen if you lose your interest in bodybuilding.) Anyway, if that happens, just send back the capsules you haven't used and...

I Will Send You An Immediate Refund Of The Entire Supply You Ordered!

It's easy to order...

All you have to do is call our toll-free number (you can call anytime 24 hours per day, 7 days a week) and use your Visa, MasterCard, Discover or American Express.

So call 1-888-758-2969 right now. (Tell Customer Service you received Nitrobol Inner Circle invitation #34)

As soon as you do that you will be shipped the most effective, safest and legal non-

hormonal supplement for fat loss, muscle growth and strength gain that's available anywhere on this planet.

Sincerely,

Doberman" Dan Gallapoo

P.S. When you respond within the next 7 days you'll get a free copy of a new report...

"Rheo H. Blair and the Secrets of Bodybuilding Nutrition"

In this in-depth report... the most complete source in print on the Rheo Blair Program... you'll discover:

- ✓ Exactly what was in Blair's Protein and what made it so effective.
- ✓ The one major component of Blair's Protein Powder missing from virtually every protein or meal replacement powder on the market today... and how you can easily add it to the product you are currently using for just a few cents a day.
- ✓ What one single carbohydrate Blair considered essential to building lean muscle mass.
- ✓ How the champs used Blair's Program to pack on lean muscle mass... as quickly as possible.
- ✓ How to use Blair's Program to lose bodyfat and maintain muscle. (One world-famous champ used Blair's Program to lose 90 lbs. of fat in just 8 months! You'll find out who that bodybuilder was and exactly how he did it).
- ✓ What other supplements Blair manufactured and recommended.
- ✓ Blair's \$1,000 secret for "cooking" eggs to maintain nutritional value.
- ✓ How to use Blair's Program with today's protein powders and supplements... including a list of recommended protein powders.

Blair was a true pioneer. Most of his secrets were lost after his death... until now. With this new report, you can build a legendary body FAST... the Rheo H. Blair way!

You'll get this just-released report (not available anywhere else) absolutely FREE when you order Nitrobol within the next 7 days.

Call 1-888-758-2969 right now.

(Remember to tell the customer service rep you received the Nitrobol Inner Circle invitation #34.)