

*If you're not getting the kind of results you want from your training (or even if you are but would like to get even better results), now there's great news...*

## **"Prominent Bodybuilding Insider Reveals The Jealously Guarded Secrets To Build An Extraordinary Physique FAST!"**

Here's How You Can Transform Your Physique With Monthly "Coaching" From Some Of The Most Knowledgeable Bodybuilding Training And Nutrition Experts On The Planet!

And, If You Act Now, I want to "Gift" You Three Bonuses (a **\$69.85 Value**) **Absolutely FREE** to Help You Achieve Your Bodybuilding Goals As Rapidly As Possible!

Dear Friend,

If you really want to have an extraordinary physique that men will envy and women will secretly lust after... this will be the most important message you will ever read.

Here is why...

My name is Bob Kennedy and I've been publishing MuscleMag International for over 30 years. During that time I've had the opportunity to become acquainted with just about every top bodybuilder. From local and regional competitors to Mr. America, Mr. Universe and every single Mr. Olympia winner... from the very first Mr. Olympia, Larry Scott, to the current reigning champ, Ronnie Coleman.

Why should all that matter to you?

Because having the opportunity to be on the inside of this sport for so long, I've been able to interview, cajole (**and in certain cases, downright bribe**) all these outstanding bodybuilders into revealing their most closely guarded secrets for building their phenomenal physiques.

**And sharing these valuable muscle building secrets with you is not just my job... it is my life long passion.**

But don't you even think for a *minute* that I've already shared everything there is to know about bodybuilding. Not even close! If you're a new reader... or even if you've been a faithful reader for years, then I'm sure you have learned lots of things from the pages of MuscleMag about how to continually improve your body.

But... you ain't seen nothing yet!

Here is just a small sampling of what you can expect to see in MuscleMag International in the months ahead...

- **Fast mass building secrets revealed.** This is what the elite bodybuilders do when they need to gain some quick mass ... or risk getting squeezed off the stage by the newest crop of "mass monsters".
- **How to gain 1/2" to as much as one inch on your arms ... in only 24 hours!** Sound impossible? I learned this secret regimen back in the 60's and since then I've taught it to thousands of bodybuilders who have used it with remarkable success.
- What the champs do when they need to get ripped FAST... or risk losing their six-figure endorsement deal! When these guys risk losing that much money, believe me... they need something that will get them cut *yesterday!* I won't promise you it's easy... **but it will melt off body fat like a high powered fat burning blast furnace.**
- **Seven simple techniques to increase your maximum bench press by 25 to 50 pounds... in eight weeks or less.**
- Supplements - which ones really work and exactly how to combine them for almost steroid-like results.
- Been out of the gym for a while? How to get back in shape as quickly as possible.
- Did you know that certain proteins and amino acids exert pharmaceutical-like effects on your body? Here's exactly which ones you need to take... in exactly the right combinations and how to precisely time them to take advantage of their powerful anabolic and anti-catabolic effects.
- Are you a beginning bodybuilder confused by all the conflicting advice passed off by self-proclaimed experts? **You'll learn the very best routine and diet to add muscle mass as quickly as genetically possible.**
- **How to overcome the body chemical that keeps you fat.** If you do not know this well-kept secret, you'll never get your body fat percentage down to the single digits.
- Thinking about competing? The top pros show you exactly how they prepare for a show. You'll be privy to the "underground practices" that let them consistently show up

massive, ripped and vascular on contest day ... with bone-dry tissue paper thin skin.

- **Bodybuilding Supplement Secrets Revealed!** Gain up to 15 lbs. in the next six weeks by discovering how to turn ordinary supplements you can buy at your local health food store into super powerful anabolic compounds.
- Would you like to have an eye-catching six-pack that will grab the attention of all the young hotties at the beach this summer? **We will show you the exact step-by-step plan to get that head-turning six-pack in as little as six weeks.**
- On a tight budget? An inexpensive growth drink you can make at home that supports massive increases in muscular bulk and strength.
- **Keep your motivation at maximum.** Each month there will be plenty of titillating photos of sexy, hard body fitness women... to keep your testosterone levels up! And lots of photos of the best male physiques in the business to keep your training motivation sky high.

Look, I could go on and on about all the good stuff we've got planned for you. The next 12 months of MuscleMag are going to be the best yet.

And if you're serious about having a muscular and powerful physique, then you can't afford to miss even one single issue. The one issue you miss could contain the piece of the puzzle you've been missing to maximize your gains and build the body you've always dreamed about.

With that much at stake I want to be absolutely *certain* that you will never miss an issue.

So here is my offer ...

The newsstand price of each issue of MuscleMag is \$5.99. That means you'll spend almost \$72.00 to buy each new issue off the newsstand. And that's if you can even get it! Most retailers sell out of all their copies within the first 24 hours of each new issue!

But when you become one of my valued subscribers, you'll be guaranteed an entire year of MuscleMag... that's 12 issues ... for only \$29.95.

Not only do you save \$42.00 of the newsstand price, but you never again have to worry about missing an issue.

**But let me "sweeten" the deal for you ...**

When you become one of my special "Silver Subscribers" you'll get two full years of MuscleMag... that's 24 power-packed issues... for the ridiculously low price of \$49.95. **That's a saving of \$60.00 off the newsstand price.** And you will never miss a single issue for 24 straight months.

But just in case a \$60.00 savings isn't enough of an incentive for you, I am also going to include three very special bonuses valued at \$69.85... absolutely FREE to welcome you as one of my elite "Silver Subscribers".

### **Bonus # 1**

**"The 30-Day Site Specific Growth Blast."** This just released book (never before published *anywhere*) will show you exactly what to do to trigger rapid muscle mass increases in any body part you would like to specialize on.

These are the exact same techniques used by a former Nabba Mr. Universe to bring up his lagging pecs so quickly... *the judges actually accused him of getting implants!*

Warning – this course is only to be used for 30 days max. Using these advanced techniques too frequently can cause overtraining and possible loss of gains.

If this book were available for sale, it would be priced at \$29.95. But you cannot buy this book anywhere. The only way you can get your hands on **"The 30-Day Site Specific Growth Blast"** is by becoming MuscleMag's "Silver Subscriber".

### **Bonus # 2**

To welcome you as a Silver Subscriber I'll also throw in my just-released special report, **"Extreme Fat Loss Secrets"**. This report (*a \$19.95 value*) gives you a detailed day-by-day plan so you can be absolutely, positively 100% guaranteed that you are burning the maximum amount of body fat humanly possible every single day... while retaining every precious ounce of your hard-earned muscle mass.

One of my employees leaked the info about this new report to some of his gym cronies... and word spread from there. Now I've got people calling us every day trying to buy this new report... but it's not for sale. It is reserved exclusively for my Silver Subscribers.

### **Bonus # 3**

Have you ever wondered if I reveal all the bodybuilding secrets I've learned over the years in my magazine? Actually... I do not.

But, I have decided to reveal to you perhaps my most important secret to making huge muscle gains. Nobody has ever told you about this... because...

### **Hardly Anybody Else Knows About It!**

See, these were the secrets that just a handful of bodybuilding experts from the pre-steroid days used when they needed to make steroid-like gains. This was knowledge that these gurus shared only with their "hardest of hard core" inner circle.

Most of these muscle gurus are dead now and many people think their muscle-building secrets died with them. But since I'm one of the iron game "old timers" and was lucky enough to have been a part of their inner circle, I'm passing these mass-gaining methods along to you. It's called...

**“How To Rapidly Boost Testosterone  
Levels For Big Muscle Mass Gains...  
Without Anabolic Steroids!”**

This is, without a doubt, one of the most important breakthroughs you will ever learn about how to pack on as much muscle mass as genetically possible... without resorting to steroids.

This report is valued at \$19.95 but it's yours FREE as a new Silver Subscriber.

**That's \$69.95 Worth Of FREE Gifts And A \$60.00 Savings Off  
The Cover Price Of MuscleMag When You Become A “Silver Subscriber”**

My supply of these hard-to-find bonuses is extremely limited. I only have enough for the first 1,677 people who jump on this exclusive offer. After they're gone, I cannot guarantee I will be able to get them reprinted. Its first come-first served so call now to guarantee yourself a spot in this elite group and get your own copies of these three limited time bonus gifts.

It's easy to order ...

**Just call us toll free at 1-800-000-0000.  
You can call 24 hours a day, seven days a week.**

Tell the person who answers that you want to become one of Bob Kennedy's Silver Subscribers... and you want all three of the bonus gifts, too.

As soon as you do that, your name will be added to our exclusive Silver Subscriber list and your free bonuses will be rushed to you by first class mail.

Look... this is the best deal I have ever offered in my 30+ years of publishing MuscleMag. As soon as word of this offer gets out, my phones will be ringing off the hook. So if you call and get a busy signal, please call back right away. You *definitely* do not want to miss out on this offer and the three limited bonus gifts.

**Call us right now at 1-800-000-0000 while its still fresh in your mind.**

I am looking forward to welcoming you as a new Silver Subscriber and rushing your exclusive bonus gifts to you right away.

Sincerely,

Bob Kennedy

PS: I am so sure that you'll find every issue of MuscleMag jam-packed with valuable information and motivation... I am offering a guarantee unheard of in this industry.

Check out MuscleMag for an entire six months. If you don't agree that the articles and content we cram into each and every issue isn't worth at least three times the cover price, I will refund the entire cost of your subscription. And you keep all three of the bonus gifts for your trouble.

How can I offer you such an outrageous guarantee? Because if you're like most of my subscribers, you will be "hooked" after your very first issue and I couldn't pry your subscription away from you with a crowbar!

You've got nothing to lose ...

**Call 1-800-000-0000 this very minute to reserve your spot as a Silver Subscriber and get your free gifts.**

PPS: If you only want to subscribe for a year, you'll still save \$42 off the cover price... but unfortunately you won't get any of the bonuses. Those are reserved exclusively for my Silver Subscribers.